

Health and Safety Awareness (1 Day Course)

From 1st July 2014 this course can be taken as part of the qualification for a CSCS Laborer's Card (Green Card) together with HS&E test



What is the Health and Safety Awareness course?

This one day course can be for those who have entered, or are about to enter, the construction and civil engineering industry. The course gives delegates an awareness of health and safety and how it affects their daily role. It can be used as preparation training for the CITB Health, safety and environment test or as refresher training.

This course is the first step towards a CSCS Laborer's Card (Green Card) and to the progressive CITB Site Safety Plus suite of courses that range from training for operatives into the industry up to senior manager / director.

Changes to the CSCS Green Card from 1st July

If you work in a labouring occupation you can take the Site Safety Plus route when applying for the new Green Labourer Card. You will need to provide evidence that you have achieved Level 1 Award Site Safety Plus Health and Safety Awareness Course. You must also pass the CITB operatives Health, Safety and Environment test within two years prior of applying for a new card.

Duration of course: One day

Cost: £120 (includes cost of work book, registration/certification)

Entry requirements

The minimum entry requirement is a good understanding of spoken and written English.

Course Programme

Successful candidates will gain knowledge and skills in:

- Their individual responsibilities for their own safety and the safety of others
- Typical construction hazards and how these are controlled
- How everyone can help achieve better practical standards of safety on site
- Legal requirements and liabilities
- Working at height
- Manual Handling
- Fire prevention
- Work equipment
- Occupational Health

This is a highly interactive course delivered by means of case studies, classroom discussion, group work and individual/group presentations. Candidates will be continuously assessed and will have to successfully complete a multiple-choice test.

Course Delivery

In-house - dates on application

Course Duration

1 day - 9.00 am to 4.30 pm